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**Editorial  
Interaction**

In pursuing a subject dear to us, such as Energy Healing, we are driven by the desire to know more, to seek environments that promote exposure to people more advanced than ourselves, to seek acceptance and recognition. Immersed in such environments, not only we learn from leaders in the field, but we meet like souls and share. In this process we seem to mirror and learn also by the reactions that we provoke in each other. It is a quality of great field bearers that in their presence, a process of intensification occurs. The Feature Article and Healer of the Month attempt to address it.

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E mail entries to [Abaraschi@aol.com](mailto:Abaraschi@aol.com) or via regular mail addressed to: Anton Baraschi, 9 Farm Lane, Spring Valley N.Y. 10977

**Editor**

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**News and Links**

A **documentary movie** portraying the work of the Filipino healers was recently shown at the Museum of Ethnography in Geneva, Switzerland, in front of a large audience including many doctors, and was reportedly well received. The ½ hour movie is in English, French and Tagalog with French subtitles and titled (translation) **Faith Healers- psychic surgery in the Philippines** (*Les Guerisseurs de la Foi*) by Jean Dominique Michel. Jean Dominique is a medical anthropologist, who was healed of viral hepatitis by Rev Orbito.



The movie is available in European format DVD at the author's website.

[www.healingcoaching.ch](http://www.healingcoaching.ch)

It will be shown this September at the Faculté de Médecine in Geneva. Jean Dominique will produce an English version in a US compatible DVD format later this year and we will review it at release time.

Also of interest from his website is this link- a **statistical study** of the healing results of treatments by Rev Alex Orbito:

[http://www.healingcoaching.ch/attachments/File/report\\_jan\\_van\\_hemmert.pdf](http://www.healingcoaching.ch/attachments/File/report_jan_van_hemmert.pdf)

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**Cosmic Photo gallery:** Hubbell's pictures are evocative of energetic archetypes. They took my breath away:

<http://news.aol.com/story/a/astronomers-baffled-by-bizarre-star/20080516203609990002?icid=1615988631x1202539350x1200305717>

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Seven Day **Residential Reiki Trainings** Reiki ART/Master Class July 11-18

<http://www.reikiwebstore.com/ClassPage.cfm?ScheduleID=59>

**Karuna Reiki® Master Class** July 20-27

<http://www.reikiwebstore.com/ClassPage.cfm?ScheduleID=60>

Taught by **William Lee Rand, Laurelle Shanti Gaia, Michael Arthur Baird**

Scribner Hollow Resort Hunter, New York, USA

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## Feature Article

*Dr. Alina Enista is suffering from a neurological ailment that impairs her mobility. Over the years she has sought many conventional modalities of treatment including alternatives such as acupuncture, homeopathy, Anthroposophic medicine and energy therapy of various modalities. Seeking relief, Alina has traveled with the help of a guide and translator to John of God (Heather Cumming) to the Casa de Dom Inacio in Brazil several times. Her outer search for health has paralleled her inner struggles with faith, healing and belief.*

*In this short and poignant article she describes what followed her plunge into faith, that is, requesting to receive a physical operation. This request was granted to her. Her first hand account is direct, heartfelt and energetically charged. We are witnessing with her the impossible feat: A 3" cut above her left breast, 1/4 " deep, no bleeding, no sepsis, accelerated healing and no pain.*

*For those who have not encountered this before, please refer to the link below for a description:*

<http://www.friendsofthecasa.org/SurgeryHeal1.htm>, or refer to Dr Benor's book "Personal Spirituality" chapter 7 *Spiritual Surgery* (reviewed in the April issue of the Newsletter)

*My understanding is that a physical operation is the reverse of what becomes the end of a karma string of occurrences resulting in an accident that physically scars one's body. A physical operation at the Casa is a synergetic body piercing, surgically reversing the individual's karma. It is multilayered (body, energetic, soul and spirit) and multidimensional (time and space.) It involves cooperation from beings from this world and the world between death and a new birth.*

ED



## Physical Operation



photo by Amandah

by **Dr Alina Enista PhD**

I stand in the middle of the aisle, my left hand resting on my cane and the right hand open on my chest, above the heart. I keep my eyes closed, although I was not told to do that. That's why I dare peep through my eye lids to survey the space ahead of me, occupied by the imperial chair where Medium Joao usually sits, next to the humongous pink crystal which radiates warm and mysterious vibrations all around.

I am here for a surgery, this time physical. All four previous times I came to the Casa in Abadiania, Medium Joao did a spiritual intervention on me, the same way he does on hundreds of other people he sees every week. My state of health has always changed directions after his interventions; be it that some new medications would become, suddenly, compatible with my system, or I would experience a noticeable improvement in my symptoms, or, out of the blue the thoughts about illness and its devastating powers would simply disappear, making room for a comfortable and stable self-image, devoid of anxiety and concerns.

Yet, my scientifically trained mind was watchful and questioning. Was I really feeling better or was that a self-induced state? Was I playing hide-and-seek with my illness and flirt with the delusions of total cure? Were all these people coming from all over the world to see Medium Joao as delusional as I seemed to be? Should I believe in magic? Should I believe in miracles?

Standing in the middle of the aisle and waiting for Medium Joao intensified my questions. Feelings were coming in opposite pairs, I wanted to stay and I wanted to run away, to faint and to fly, to cry because of so much vulnerability and to enjoy because of so much strength. I had heard so much about Medium Joao's physical surgeries and I have seen him doing so many. Yet again, the experience was alien to me and therefore, questionable. To put my mind at rest, I agreed that the surgery ought to have a symbolic meaning, to be rather a catalyst than a cure.

When I heard Medium Joao's voice, I was already in a trance. Time shrunk to a dimension I had never before dealt with. Was it a minute or an hour since I felt his hand palpating my breast and the scalpel moving gently and painlessly inside my flesh? Was it my voice which was asking obsessively who was he, the Entity who was operating on me? I wanted to see his face, Dr. Augusto, Dr. Valdivino, Dr Cruz or Medium Joao's. But I couldn't open my eyes. It was so much peace around me. It was a timeless peace, the only peace. No worries and no fears. No questions, either, a complete and eternal trust.

A while later, in the infirmary, I asked the nurse to show me the gauze she had cleaned my wound with. It was immaculate. No drop of blood. Nothing. I wished I had an Anatomy book to see what layer of my skin had the least blood vessels. But I suddenly realized how unimportant that was. I was not a piece of anatomy. Not anymore.

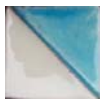


photo by AB

I have been feeling invincible, since. The wound healed and the delicate scar remained like an inscription on my chest. It became my token of faith in miracles, in spirituality, in Medium Joao's extraordinary work. But most of all, the wound is a token of faith in myself, in my own power to heal myself.

Three weeks later I pay a regular visit to Dr. Molinari, my treating neurologist. Her face opens up in a big and surprised smile. I walk in her office without cane. No limping. No swaying. Straight like an arrow. She tests my reflexes, my flexibility and alertness. "Almost normal," she says, "almost normal". Then I tell her about my experiences in Brazil, and show her my magic scar. The trained doctor cannot help admiring the neat cut and the healed incision. She wants to know whether John of God had removed anything from my insides. I tell her that, as far as I am concerned, he removed my fears. My suspicions. My anxiety. I feel that he helped me transcend the medical limits of my diagnosis. A quantum feeling of safety and health surrounds me.

"Alina, I don't know how you are going to react to what I am about to say. I have this feeling that your ailment has been an almost necessary experience to take you where you are right now." I realize that the magic has been growing in both of us. We are sharing, behind the curtain of our professional knowledge, the deeply miraculous communion of Belief and Faith.

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photo by Amandah

**Dr Alina Enista, PhD** is a clinical psychoanalyst with a private practice in Livingstone NJ. She is part of the teaching faculty at the Academy of Clinical and Applied Psychoanalysis also in Livingstone NJ.

<http://www.acapnj.org/index.html>

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## Healer of the Month

### Medium Joao

**Joao Texeira de Faria, of the Casa de Dom Inacio, Abadiania Brazil.**

Good pictures of him could be viewed at this link:

[http://www.friendsofthecasa.org/Photos\\_ofmonth1007.htm](http://www.friendsofthecasa.org/Photos_ofmonth1007.htm)

There are several good books that describe his life and presence.

[http://www.amazon.com/Spiritual-Alliances-Discovering-Health-Inacio/dp/0962096032/ref=sr\\_1\\_2?ie=UTF8&s=books&qid=1211235037&sr=1-2](http://www.amazon.com/Spiritual-Alliances-Discovering-Health-Inacio/dp/0962096032/ref=sr_1_2?ie=UTF8&s=books&qid=1211235037&sr=1-2)

[http://www.amazon.com/Miracle-Man-Life-Story-Joao/dp/064633767X/ref=sr\\_1\\_4?ie=UTF8&s=books&qid=1211235465&sr=1-4](http://www.amazon.com/Miracle-Man-Life-Story-Joao/dp/064633767X/ref=sr_1_4?ie=UTF8&s=books&qid=1211235465&sr=1-4)

[http://www.amazon.com/John-God-Brazilian-Touched-Millions/dp/1582701644/ref=pd\\_bbs\\_sr\\_1?ie=UTF8&s=books&qid=1211235505&sr=1-1](http://www.amazon.com/John-God-Brazilian-Touched-Millions/dp/1582701644/ref=pd_bbs_sr_1?ie=UTF8&s=books&qid=1211235505&sr=1-1)

[http://www.amazon.com/Book-Miracles-Healing-Work-Joao/dp/0759689822/ref=sr\\_1\\_3?ie=UTF8&s=books&qid=1211235548&sr=1-3](http://www.amazon.com/Book-Miracles-Healing-Work-Joao/dp/0759689822/ref=sr_1_3?ie=UTF8&s=books&qid=1211235548&sr=1-3)

There are several websites, (none of his own) that address his puzzling paradox- below are samples.

<http://www.friendsofthecasa.org/CasaNews.htm>

<http://www.healingquests.com/>

<http://www.miraclesofjohnofgod.com/casainfo.htm>

Over the past few years, Discovery, ABC, and BBC had TV specials featuring his work. Emma Bragdon has produced a ½ hour documentary: <http://www.johnofgodfilm.com/> (see February's issue of the Newsletter), and there is also a Mark Thomas DVD about Visiting John of God:

[http://www.amazon.com/John-God-Visiting-NTSC-USA-version/dp/B00077J3I6/ref=pd\\_bxgy\\_d\\_img\\_a](http://www.amazon.com/John-God-Visiting-NTSC-USA-version/dp/B00077J3I6/ref=pd_bxgy_d_img_a)

Most energy healers that I know treat perhaps 4-5 clients a day. I know a couple that will work rapidly 3-4 patients per hour- pushing toward 21 people per day. Mietek Wirkus was reported to have worked with 90 people a day. Harvey Martin reported Reverent Orbito as stopping after some 234 people one day.

Joao at Omega sees upward of 2000 people per day. Home in Brazil, at the Casa, people come by the busload and from countries as far away as Australia and South Africa, 3 days a week. It takes a very special person to hold that much energy. This is why people call him affectionately and respectfully John of God. It's a pretty big name to carry. With it comes mostly the faithful and sometimes, unfortunately, the hateful.

All and all, this practically illiterate farmer, tailor and miner, has alleviated the suffering of millions of people during his 40 years or so of service, mission as he call it.

What's so out of the ordinary?

Joao seems to carry a field that is unique. His presence allowed for a spiritual congregation to take place. The Spirit world offered many through this medium frequent miracles of healing, of restoration of what was lost.

In my observation what takes place is Karma Weaving. People come in hope of relief. They pass in front of the medium and get a reading. Most end up in the current rooms in one way or another. While there, they live in thought and feeling with their eyes closed; many experience a prebirth state of oneness. They keep their arms and feet uncrossed. (When you cross your arms or feet , you cut yourself off from the pooled energetic current).



People participate in a large auric bubble of converged energy. People, just as themselves, continue passing in front of the medium. The mediums' Entities distribute the donated energy to affect benevolently the individual karmas. After a while, enough good karma donations accumulate (merits as the Buddhists say), to the effect that in turn one may be healed. We actually heal each other. But it took this special individual with complete dedication and intensity to make that possible.

We are lucky to witness this manifestation in our time. Many will be fertilized and inspired in elevating themselves to the perception of the highest. Our brothers in the land unseen come and give us their wisdom in collaboration with our open will to heal ourselves and each other. The barrier between perception modes dissolves. New world order is at hand....

**ED**

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## **Workshop Review**

### **Reclaiming Your Soul and Rejuvenation of Your Life Force with Tenzin Rinpoche**

Reviewed by **Kim Meisinger**

To a student and practitioner of ancient and modern healing traditions, the simplicity and effectiveness of the shamanic worldview of Bon Buddhist traditions of Tibet is very impressive. This workshop, Reclaiming Your Soul and Rejuvenation of Your Life Force, was held over a five day period from April 16 - 20, 2008 at Serenity Ridge, a residential retreat center, outside of Charlottesville Virginia . The work shop was attended by approximately 100 people. Some were international students from Iceland, Canada, Taiwan and the Netherlands

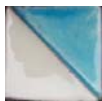
Taught by Geshe Tenzin Wangyal, the founder of the Ligmincha Institute and Serenity Ridge, this was the second retreat I attended. This workshop is well suited for both the neophyte and the experienced practitioner of meditation and chanting. A practice leader and two Lamas supported the sessions and were available to answer questions. Each day began at 7 AM and concluded at 6 PM. The day's schedule consisted of 2 or 3 practice sessions lasting an hour and two teachings that often included a one hour practice session as well. Rinpoche's ability to create and hold a group field while presenting the teachings with humor and a keen awareness and understanding of the Western mind was particularly helpful. A class schedule for Rinpoche's teachings can be found at [www.ligmincha.org](http://www.ligmincha.org) They also have an online book store.

A brief summary of the retreat is challenging as the paradox of a simple and very complex system is difficult to describe.

The soul and the body are composed of five elements; fire, earth, air, water and space. The practices we were taught were directed to help us clear our minds, become aware of obscurations that keep us from experiencing our soul as well as our natural mind.

(I found that by being with my feelings or situations that were challenging me, I could highlight them as Rinpoche guided us, and release them through the Nine Breathings of Purification).

From this place of quiet, we were ready to call back the lost elements using visualization and singing of the seed syllables. These seed syllables call upon The Five Elements Goddesses to bring back the elements which can be lost when the body or mind experiences challenges such as a surgery, an accident or an attachment to something we lose such as a loved one.



Tenzin's book "Healing with Form, Energy and Light" offers the reader greater insight into these practices as well healing meditations and yogic practices.

[http://www.amazon.com/Healing-Form-Energy-Light-Shamanism/dp/1559391766/ref=si3\\_rdr\\_bb\\_product](http://www.amazon.com/Healing-Form-Energy-Light-Shamanism/dp/1559391766/ref=si3_rdr_bb_product)

One of the best gifts of this tradition is the ability to work with one's challenges effectively which leaves the practitioner full and centered. By developing self awareness and clearing one's self, we become better human beings and healers.

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**Kim Meisinger** is a third generation practitioner of the healing arts with an office in Overland Park, Kansas. She specializes in nervous system energy work and works with people both locally and long distance. Kim can be reached at **913-685-9939**, and via email at [corestarenergy@aol.com](mailto:corestarenergy@aol.com). Her website is [www.kchealer.com](http://www.kchealer.com).

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## **Soul Retrieval**

with **Alberto Villoldo, Ph.D.**

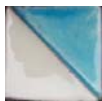
Reviewed by **Dave Dodge**

A couple of weeks ago I attended a very interesting workshop in New York City at the Open Center with my wife. The topic was on Soul Retrieval as presented by Alberto Villoldo, a rather well-known professor who has spent many years in Peru with indigenous tribes working and learning the craft from the local shamans. His biography and upcoming workshops are listed at the website below: <http://www.thefourwinds.com/about-alberto-villoldo.htm>

The workshop started off with Alberto talking about his philosophies and how he wished to preserve the healing techniques of Inka Shamanism that have been orally handed down for a thousand years. He spoke of some of his experiences with the Peruvian shamans and how he wanted to bring these techniques into the 21st Century through classes and in-depth training programs such as his Healing the Light Body School. He travels around the country, and the world, to teach these Peruvian principles.

Alberto spoke of time and how we perceive it as linear and how Soul Retrieval and other methods he uses are "stepping out of the time line...stepping into timelessness...breaking free of linear time." He explains that we are just living through many lives experiencing a lot of the same things because of the "contracts" we have made in previous lives that we continue to play out life after life until we learn how to change it. To demonstrate this, Alberto lead the whole class through five past life regressions, (all very briefly with the whole exercise taking about an hour) regressing to the life times we experienced 5,000 years ago, 1000 B.C., 100 B.C., 500 A.D., and 1,500 B.C. After leading the class through these regressions, Alberto asked us to think of those life times and write down common themes of the various lives (that we would work through in the afternoon).

During the afternoon, the class was taught that Soul Retrieval was a way to change the way we perceived the original event that wounded us. The way to change those perceptions is by way of processing through "the four chambers of the soul." The process is more complicated that can be properly explained in this brief article, but, in general, the four chambers that the class was guided those are as follows:



1<sup>st</sup> chamber is the chamber of wounds – acknowledging that trauma is not necessarily what actually occurred, but how we remember it (how we perceive it)

2<sup>nd</sup> chamber is the chamber of contracts – those “contracts” we’ve made with God/Spirit/ourselves (both terrible and good) – those agreements we enter into in order to survive a crisis, allowing us to cope with painful situations

3<sup>rd</sup> chamber is the chamber of grace – working with that part that always remains in grace

4<sup>th</sup> chamber is the chamber of gifts (treasures) – here you will receive a power object/medicine gift that will allow you to express the creative side of the healed part

Alberto Villoldo’s book, [Mending the Past and Healing the Future with Soul Retrieval](#),

[http://www.amazon.com/gp/reader/1401906257/ref=sib\\_dp\\_pt#reader-link](http://www.amazon.com/gp/reader/1401906257/ref=sib_dp_pt#reader-link)

will explain much more clearly what Soul Retrieval is all about and how to even experiment with it yourself.

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**Dave Dodge** is a Licensed Clinical Social Worker, a Certified Hypnotherapist and Reiki Master, with 35 years experience in mental health and treatment of addictions. He is currently in private practice with 2 offices in New City and Katonah NY. He could be reached at **(845) 639-5061** or via Email at [davelcswcht@verizon.net](mailto:davelcswcht@verizon.net). Currently he is engaged in organizing a multidiscipline Healing Center with likeminded professionals and writing a book about parenting.

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## **Book Review**

### **Of Water and the Spirit Ritual, Magic and Initiation in the Life of an African Shaman**

**By Malidoma Patrice Some**

Published by G.P.Putnam’s Sons New York  
ISBN 0-87477-762-3

We are familiar with Westerners who study shamanic practices, adopt tribal names and practice shamanic healing. There is also a reverse stream which is much rarer. In the April Newsletter, Harvey Martin described Antonio Agpaoa, the Filipino Shaman who became a Christian Reverent and wrote about the Holy Spirit while practicing spiritual surgery.

The book “Of Water and the Spirit” is about a Dagara tribesman from Burkina Faso who undergoes a vividly described tribal initiation. Practices of magic, divination and clairvoyant insights of great quality are described in detail. At the prompting of his elders Malidoma goes to college and earns a PhD at Sorbonne, France. He then proceeds to tell his story in the language that we Westerners understand. The result is this unique and mesmerizing book where truth is felt in every sentence. It conveys the African Wisdom of old in modern terms. This is a



magnificent cross fertilization example: a shaman who speaks with personal intimacy, much like Jean Jacque Rousseau, remaining true to the substance of African esoteric wisdom.

**ED.**

## **Announcements**

This Newsletter is being emailed the 3<sup>rd</sup> week of every month.

Deadline for submitting copy, material, announcements and other contributions, is the 15<sup>th</sup> day of the month.

E mail material to [Abaraschi@aol.com](mailto:Abaraschi@aol.com) mentioning Newsletter in the email title.

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## **Credits**

Alina Enista, NJ; Dave Dodge, NY; Kim Meisinger, KS ; Anton Baraschi NY.

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## **El Rincon Ha Ha**



**Please enter your password.....**

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